DECLARATION and POWER OF ATTORNEY

ID:

As a below named inventor, I hereby declare that:

My residence, post office address and citizenship are as stated below next to my name.

I believe I am the original, first and sole inventor (if only one name is listed below) or an original, first and joint inventor (if plural names are listed below) of the subject matter which is claimed and for which a patent is sought on the invention entitled: Food Supplement for Increasing Lean Mass and Strength, the specification of which

[X] is attached hereto.

[] was filed on

as application serial no.

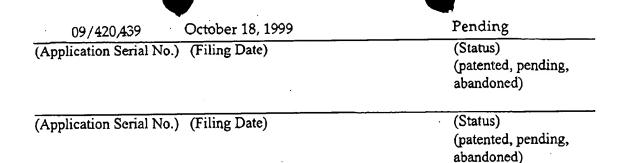
I hereby state that I have reviewed and understand the contents of the above identified specification, including the claims, as amended by any amendment referred to above.

I acknowledge the duty to disclose information which is material to the examination of this application in accordance with Title 37, Code of Federal Regulations, §1.56(a).

I hereby claim U.S. provisional application or foreign priority benefits under Title 35, United States Code, §119 of any U.S. provisional applications or any foreign application(s) for patent or inventor's certificate listed below and have also identified below any foreign application for patent or inventor's certificate having a filing date before that of the application on which priority is claimed:

Prior U.S. Provisional or Foreign Application(s)				
			Priority	Claimed
Number	Country	Day/Month/Year Filed	Yes	No

I hereby claim the benefit under Title 35, United States Code, §120 of any United States application(s) listed below and, insofar as the subject matter of each of the claims of this application is not disclosed in the prior United States application in the manner provided by the first paragraph of Title 35, United States Code, §112, I acknowledge the duty to disclose material information as defined in Title 37, Code of Federal Regulation, §1.56(a) which occurred between the filing date of the prior application and the national or PCT international filing date of this application:



1 D :

I hereby appoint Holly D. Kozlowski, Registration No. 30,468; Ronald J. Snyder, Registration No. 31,062; James D. Liles, Registration No. 28,320; Lynda E. Roesch, Registration No. 29,696; Phillip A. Rotman II, Registration No. 38,290; Martin J. Miller, Registration No. 35,953; Victor C. Moreno, Registration No. 40,732; Jackie A. Zurcher, Registration No. 42,251; John V. Harmeyer, Registration No. 41,815; Scott N. Barker, Registration No. 42,292; and Geoffrey L. Oberhaus, Registration No. 42,955, my attorneys, c/o Dinsmore & Shohl LLP, 1900 Chemed Center, 255 East Fifth Street, Cincinnati, Ohio 45202 (513) 977-8200, with full power in each of them, of substitution and revocation, to prosecute this application and to transact all business in the Patent and Trademark Office connected therewith.

The undersigned hereby authorizes the above-named U.S. attorneys to accept and follow instructions from Bereskin & Parr as to any action to be taken in the Patent and Trademark Office regarding this application without direct communication between the undersigned and the aforenamed U.S. attorneys. In the event of a change in the firm or persons from whom instructions may be taken, the aforenamed U.S. attorneys will be so notified in writing by the undersigned.

I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code and that such willful false statements may jeopardize the validity of the application or any patent issued thereon.

Full name of sole or first inventor: Paul T. Gardiner

Inventor's signature ____

Residence: 6-295 Queen Street East, Suite 410; Brampton, Ontario L6W-4S6; Canada

Citizenship: Canadian

Post Office Address: 6-295 Queen Street East, Suite 410; Brampton, Ontario L6W-4S6; Canada

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Full name of second inventor: Derek E. Woodgate

Inventor's signature Toul (1)

Residence: 14 Langford Ct., Brampton, Ontario L6W 4K4; Canada

Citizenship: Canada

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Post Office Address: 14 Langford Ct., Brampton, Ontario L6W 4K4; Canada

Full name of third inventor: Mark S. Gilbert	
	1
Inventor's signature Maddille	Dec. 14/89
Inventor's signature	LECTITI
	Date

Residence: 1432 Stonebrook Trail, Oakville, Ontario L6M 2P4; Canada

Citizenship: Canada

Post Office Address: 1432 Stonebrook Trail, Oakville, Ontario L6M 2P4; Canada

Full name of fourth inventor: Robert W. Thoburn

Inventor's signature	
	Date

Residence: 702-159 Frederick St., Toronto, Ontario M5A 4P1; Canada

Citizenship: Canada

Post Office Address: 702-159 Frederick St., Toronto, Ontario M5A 4P1; Canada

C-14-99 14:22 FROM:		ID:		PAGE 5
	•		ey's Docket No.:	
Applicant or Patentee: Paul T. Serial or Patent No.			Robert W. Thoburn	
Filed or Issued:Food Supplement For Ir	acreasing Lean Mass and Streng	gth		
-	•			
	TEMENT (DECLARATION) (CFR 1.9(f) and 1.27(b)) - IND			5
As a below named inventor, I h for purposes of paying reduced Trademark Office with regard to Strength in	fees under section 41(a) and	(b) of Title 35, U	nited States Code, t	to the Patent and
[X] the specification file	led herewith			
[] patent no		 '		
I have not assigned, granted, cor convey or license, any rights in under 37 CPR 1.9(c) if that pers business concern under 37 CFR 1	the invention to any person wo on had made the invention, o	vho could not be o or to any concern	lassified as an inde which would not o	pendent inventor
Each person, concern or organiobligation under contract or law	ization to which I have assig to assign, grant, convey, or li	ned, granted, con cense any rights in	veyed, or licensed the invention is list	or am under an ed below:
[] no such person, conce [X] persons, concerns or	em, or organization organizations listed below*			
*NOTE: Separate verifice having rights to the inv	ed statements are required from ention averring to their status	m each named per s as small entities.	san, concern or org (37 CFR 1.27)	anization
FULL NAME Muscletech Research	h and Development Inc.			
ADDRESS 7050 Telford Wa	ay, Unit 100, Mississauga, Onti ALL BUSINESS CONCERN	ario, L5S 1V7, Can [] NONPROFIT	<u>ada</u> ORGANIZATION	
I acknowledge the duty to file, entitlement to small entity stat maintenance fee due after the d	us prior to paying, or at the	e time of paying,	the earliest of the	issue fee or any
I hereby declare that all statem information and belief are belief that willful false statements and 1001 of Title 18 of the United 5 the application, any patent issue.	eved to be true; and further t If the like so made are punish States Code, and that such w	that these stateme nable by fine or in villful false statem	nts were made wit aprisonment, or bo ents may jeopardia	h the knowledge th, under section to the validity of
Paul T. Gardiner Name of Inventor	Signature of Inventor	durer	Date 14/9	9
<u>Derek E. Woodgate</u> Name of Inventor	Signature of Inventor		14/12/99 Date	<u></u>
Mark S. Gilbert Name of Inventor	Signature of Inventor	<u>'Ml</u>	Dec 14/0	18

Signature of Inventor

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Date

Robert W. Thobum Name of Inventor

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NAME

C-114-99 14:23 FROM:	ID:	PAGE
	Attorn	ney's Docket No:
Applicant or Patentee: Paul T. Gardiner, Derek F. Serial or Patent No.:	. Woodgate, Mark S. Gilbert, Robert W.	Thobum
Filed or Issued:		
For: Food Supplement For Increasing Lean Mas	s and Strength	
	ARATION) CLAIMING SMALL ENTITY 7 (c)) - SMALL BUSINESS CONCERN	STATUS
I hereby declare that I am		
[] the owner of the small business concer [X] an official of the small business concen		em identified below:

I hereby declare that the above identified small business concern qualifies as a small business concern as defined in 13 CFR 121.3-18, and reproduced in 37 CFR 1.9(d), for purposes of paying reduced fees under section 41(a) and (b) of Title 35, United States Code, in that the number of employees of the concern, including those of its affiliates, does not exceed 500 persons. For purposes of this statement, (1) the number of employees of the business concern is the average over the previous fiscal year of the concern of the persons employed on a full-time, part-time or temporary basis during each of the pay periods of the fiscal year, and (2) concerns are affiliates of each other when either, directly or indirectly, one concern controls or has the power to control the other, or a third party or parties controls or has the power to control both.

ADDRESS OF CONCERN 7050 Telford Way, Unit 100, Mississauga, Ontario, L5S 1V7, Canada

NAME OF CONCERN Muscletech Research and Development Inc.

[X] the specification filed herewith

I hereby declare that rights under contract or law have been conveyed to and remain with the small business concern identified above with regard to the invention, entitled Food Supplement For Increasing Lean Mass and Strength by inventors Paul T. Gardiner, Derek E. Woodgate, Mark S. Gilbert, Robert W. Thoburn, described in

	PCT application serial no, filed_,
	patentnoissued
organ other which 1.9(e).	Its held by the above identified small business concern are not exclusive, each individual, concern or on having rights to the invention is listed below* and no rights to the invention are held by any person, the inventor, who could not qualify as a small business concern under 37 CFR 1.9(c) or by any concern ald not qualify as a small business concern under 37 CFR 1.9(d) or a nonprofit organization under 37 CFR OTE: Separate verified statements are required from each named person, concern or organization having the invention averring to their status as small entities. (37 CFR 1.27)

ADDRESS [] SMALL BUSINESS CONCERN [] NONPROFIT ORGANIZATION [] INDIVIDUAL

I acknowledge the duty to file, in this application or patent, notification of any change in status resulting in loss of entitlement to small entity status prior to paying, or at the time of paying, the earliest of the issue fee or any maintenance fee due after the date on which status as a small entity is no longer appropriate. (37 CFR 1.28 (b))

I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under section 1001 of Title 18 of the United States Code, and that such willful false statements may jeopardize the validity of the application, any patent issuing thereon, or any patent to which this verified statement is directed.

NAME OF PERSON SIGNING / ERLY BEGLE	
TITLE OF PERSON OTHER THAN OWNER VICE -	PRESIDEUT
ADDRESS OF PERSON SIGNING 2 LIPEUE	COULT BRANTION, ONT., CANDON
22 4	1- 1/00
SIGNATURE	DATE DE 14/99

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